


Tour 6

#PlayTour



What you will need:

1 Ball 

Assistant 

Wall 

Racket 

Semi Final

- **Pop Up 2:** place racket on the floor, pop the ball up past your head, let it bounce off the racket & catch. **+1 point for every ball that hits the racket & is caught**
- **Ghosting 1:** stand back from the wall, racket push the ball at the wall, run forwards & squash the ball still near the wall (watch out for the wall). **+1 point for every ball squashed near the wall**
- **Target 1:** place racket on the floor, overarm throw the ball at the wall to rebound off & hit the racket. **+1 point for every ball that hits the racket**

Final

- **Hot Shot Rally:** stand back from the wall, drop the ball & bounce hit against the wall, keep hitting the ball back after the bounce. **+1 point for every ball hit against the wall**



Out of 6

Practice as much as you want, then it's 6 goes only at each challenge or stop after 3 misses & record score



Info


Ideally use a sponge ball or red tennis ball.

If they need 2 bounces for the rally, then not a problem




Gamification

Enter each score into the correct challenge box, add them all up & enter your final total score in the top blue box



T6:



Total Tour Points:

SEMI FINAL

Pop Up 2 - HIGH SCORE

Ghosting 1 - HIGH SCORE

Target 1 - HIGH SCORE

FINAL

Hot Shot Rally - HIGH SCORE

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Pin Point Tennis Team