


Tour 5

#PlayTour



What you will need:

1 Ball 

Assistant 

Wall 

Racket 

Semi Final

- **Hand Tennis:** find a space, tap the ball up with the palm of your hand & try to keep tapping it up. **+1 point for every-time the ball is hand tapped**
- **Keep Ups:** find a space, bounce the ball up on the racket strings (*without it touching the floor*). **+1 point for every bounce on the strings**
- **Volley:** player stands with their back against the wall, assistant underarm passes the ball, player racket pushes the ball back out of the air. **+1 point for every ball is air pushed (volleyed) back**

Final

- **Serve it! 3:** stand back from the wall, hold the ball against the strings up by the racket ear, sling shot at the wall & after the bounce back hit it back at the wall (Hot Shot). **+1 point for every sling shot & hot shot that hits the wall (2 shots = 1 point)**



Out of 6

Practice as much as you want, then it's 6 goes only at each challenge or stop after 3 misses & record score



Info

Ideally use a sponge ball or red tennis ball.


Volley: hands in front & push out of the air




Gamification

Enter each score into the correct challenge box, add them all up & enter your final total score in the top blue box

T5:





Total Tour Points:

SEMI FINAL

Hand Tennis - HIGH SCORE

Keeps Ups - HIGH SCORE

Volley - HIGH SCORE

FINAL

Serve it! 3 - HIGH SCORE

Total Tour Points:

Pin Point Tennis Team

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