



Tour 15

#PlayTour



What you will need:

2 Balls  Assistant  Wall  Racket  2 Targets

Semi Final

- **Split:** player holds a bounce & hit rally against the wall, after every shot make a little jump (split). **+1 point for every jump (split) & bounce hit**
- **Close 1:** bounce & hit 2 shots at a wall, close forwards to volley the 3rd shot out of the air & catch the ball. **+1 point for every complete pattern**
- **Smash it:** player pops the ball up & serves the ball into the floor to rebound off the wall. Smash the ball back down into the floor for the rebound. **+1 point for every smash into the floor & off the wall**

Final

- **First Strike 1:** serve the ball at the ball, bounce & hit the ball back and then bounce & catch on the racket. **+1 point for every racket catch**

6

Out of 6

Practice as much as you want, then it's 6 goes only at each challenge or stop after 3 misses & record score

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Info

Ideally use a sponge ball or red tennis ball.


Smash is half action serve, point the front arm at the ball




Gamification

Enter each score into the correct challenge box, add them all up & enter your final total score in the top blue box

T15:





Total Tour Points:

SEMI FINAL

Split - HIGH SCORE

Close 1 - HIGH SCORE

Smash it! - HIGH SCORE

FINAL

First Strike 1 - HIGH SCORE

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