


Tour 13

#PlayTour



What you will need:

2 Balls  Assistant  Wall  Racket  2 Chairs

Semi Final

- **Fish Chips:** player finds a space, tap the ball up with the string, then tap up again with the other side of the strings, keep alternating. **+1 point for every ball tapped up on alternate sides, drop the ball & re-start**
- **Shift 2:** set up a chair out to both sides, player drops the ball, hold a bounce & hit rally against the wall while alternating which chair to tap after ever hit. **+1 point for every ball that hits the wall after a chair tap**
- **Spinner:** hold a bounce & hit rally against the wall, after each shot spin 360 degrees. **+1 point for every ball hit against the wall after a spin**

Final

- **Volley Rally 2:** player stands near the wall, hit the wall against the against the wall with no bounces & backhands only, keep the rally going. **+1 point for every backhand volley hit against the wall with no floor bounces**



Out of 6

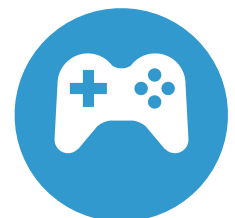
Practice as much as you want, then it's 6 goes only at each challenge or stop after 3 misses & record score



Info

Ideally use a sponge ball or red tennis ball.


When you get dizzy stop, rest & move onto the final




Gamification

Enter each score into the correct challenge box, add them all up & enter your final total score in the top blue box

T13:





Total Tour Points:

SEMI FINAL

Fish, Chips - MOST IN A ROW

Shift 2 - HIGH SCORE

Spinner - HIGH SCORE

FINAL

Volley Rally 2 - HIGH SCORE

#PlayTour

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Pin Point Tennis Team