


Play 8

#PlayTour





Play Tour

What you will need:

2 Balls 

Assistant 

Balloon 

Timer 

Semi Final

- **Two Ball 1:** Player & assistant each have a ball they roll to each other, stop with their foot & roll back. **+1 point for every moving ball stopped in 30 seconds**
- **Two Ball 2:** Player & assistant each have a ball they hold out up high, both let go over their ball & catch the other one after the bounce, repeat. **+1 point for every ball caught after the bounce**
- **Kangaroo Jumps 1:** Player holds a ball between 2 hands, squats down to touch the ball to the floor, jump up & throw the ball up, bounce catch and repeat. **+1 point for every kangaroo jump & catch**

Final

- **Tunnel Ball 4:** Player starts in front of the assistant in a press up position. Assistant rolls the ball through the player tunnel, player gets up, chases & stops the ball. **+1 point for every moving ball stopped still**

6

Out of 6

Practice as much as you want, then it's a maximum of 6 goes only at each challenge

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Info

Ideally use two tennis balls or sponge balls.


Make sure there is a good space for the Final




Gamification

Enter each score into the correct challenge box, add them all up & enter your final total score in the top blue box

P8:





Total Play Points:

SEMI FINAL

Two Ball 1 - HIGH SCORE

Two Ball 2 - HIGH SCORE

Kangaroo Jumps - HIGH SCORE

FINAL

Tunnel Ball 4 - HIGH SCORE

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