


Play 12

#PlayTour



What you will need:

2 Balls  Assistant  Timer  Goalposts 

Semi Final

- **Two Ball 2:** Player & assistant each have a ball they hold out up high, both let go over their ball & catch the other one after the bounce, repeat. **+1 point for every ball caught after the bounce**
- **Tunnel Ball 4:** Player starts in front of the assistant in a press up position. Assistant rolls the ball through the player tunnel, player gets up, chases & stops the ball. **+1 point for every moving ball stopped still**
- **Chain React :** Player stands with back to the wall, 2 handed ball roll through their legs, stop & repeat. **+1 point for every ball roll through the legs in 20 seconds**

Final

- **Dribble 1:** Set up a goal at the well & a ball on the floor 6 paces away. Player starts 4 paces back, basketball dribbles a ball to the floor ball, keep dribbling as kick the floor ball into the goal. **+1 point for every goal**



Out of 6

Practice as much as you want, then it's a maximum of 6 goes only at each challenge




Info

The goal can be two bags on the floor as goal posts. Basketball dribble whatever spare ball you have




Gamification

Enter each score into the correct challenge box, add them all up & enter your final total score in the top blue box



P12:



Total Play Points:

SEMI FINAL

Two Ball 2 - HIGH SCORE

Tunnel Ball 4 - HIGH SCORE

Chain React - HIGH SCORE

FINAL

Dribble 1 - HIGH SCORE

Total Play Points:

Pin Point Tennis Team

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