

# Start Here

## #PlayTour



Play Tour

### Introduction

Welcome to the Play Tour, players of any skill can participate in the Play cards (motor skills) or Tour cards (tennis skills). You can even participate in both the Play cards & Tour cards at the same time.

The Play Tour level cards are designed to be played over the course of a week. Each level is a mini tournament with semi-final challenges & a final challenge. Content is re-visited through the levels for effective learning & progress.

### Player Card

Player cards are included on each Play & Tour sheets, cut them out & write the player's first name at the top. Each level can also be completed as a team, in this case write the team name across the top.

### Challenges

Follow the instructions on the Play Tour level sheets, with parents or someone else becoming the assistant to help the player with each challenge. We recommend allowing time to practice before recording a score, each challenge is out of 6 attempts unless stated.

### Challenge Boxes

Each challenge is written in a long box with space for players to enter their scores. If they want to try & beat their score that's fine, have another go but no pressure to do so, all scores are great (yes even the 0's as long as they tried).

### Large Top Score Box

Players add up their challenge box scores & enter the total into the top large box for their "Play" or "Tour" level score, depending on the card. Next week download the next level card & take part.

### Wall of Fame

Send us a photo of your completed card & we will keep track of all of your Play & Tour scores. Your name will be added to the wall of fame categories as you reach certain point milestones (check out the website [pinpointtennisteam.co.uk](http://pinpointtennisteam.co.uk)).

Email completed level card photos to [coaching@pinpointtennisteam.co.uk](mailto:coaching@pinpointtennisteam.co.uk) so we can track your score for the Wall of Fame



#### Tennis

The Play Tour combines well with our Level Up on court tennis program, delivered only by our coaching team



#### Teams

If playing as a team, everyone has a go at each game. Add up everyone's score & enter the team score in the challenge box



#### Gamification

has been included to engage players & provide instant feedback